

# Middlesex Hospital Alliance Diagnostic Imaging

- STRATHROY MIDDLESEX GENERAL HOSPITAL
- FOUR COUNTIES HEALTH SERVICES

FOR APPOINTMENTS CALL (519) 246-5911  
OR TOLL FREE 1-866-269-8384  
BETWEEN 8:30AM-4:00PM  
FAX 519-245-3843

Patient's Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone # \_\_\_\_\_ Date of Birth YY MM DD \_\_\_\_\_  
 Health Card # \_\_\_\_\_ Mobility Issues / Special Needs \_\_\_\_\_

APPOINTMENT DATE \_\_\_\_\_

\_\_\_\_\_  AM  PM  
 TIME

**IMPORTANT:** Please bring your health card.  
No children allowed in exam room during an exam, please arrange child care.

## X-RAY

Walk-ins Welcome FCHS 0800-1730hr M-F SMGH 0800-1930 M-F

"I declare that to the best of my knowledge that I am not presently pregnant" Signature \_\_\_\_\_

### HEAD & NECK

- Nasal Bones
- Sinuses
- Facial Bones
- Soft Tissue of Neck
- Orbits for MRI
- Mandible
- TM Joints

### CHEST

- Chest PA & LAT
- Ribs  R  L

### SPINE & PELVIS

- Cervical Spine
- Thoracic Spine
- Lumbar/Sacral Spine
- Sacrum & Coccyx
- S.I. Joints
- Pelvis
- Hip  R  L
- Hip to Ankle Bilat  
(for ortho only)

### ABDOMEN

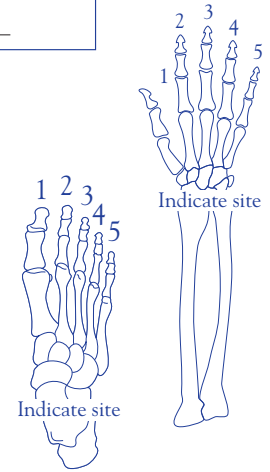
- KUB/Abdomen (1 view)
- Acute (3 views)

### UPPER EXTREMITIES

- R L
- Shoulder
  - Clavicle
  - Humerus
  - Elbow
  - Forearm
  - Wrist
  - Scaphoid
  - Hand
  - Digits 1 2 3 4 5

### LOWER EXTREMITIES

- R L
- Femur
  - Knee
  - Tibia & Fibula
  - Ankle
  - Foot
  - Calcaneus
  - Toes 1 2 3 4 5



All other routine xray exams are available. Please specify: \_\_\_\_\_

## ALL TESTS BELOW REQUIRE AN APPOINTMENT

### ULTRASOUND

- Abdomen (above umbilicus)
- Kidneys
- Kidneys and Bladder
- Aorta
- Pelvis - female  
(proceed to Transvaginal if appropriate)
- Pelvis - male
- Scrotal
- Thyroid
- Neck
- Hernia
  - Inguinal  R  L
  - Abdomen Wall
- Soft Tissue Mass: \_\_\_\_\_

### VASCULAR

- Carotid
- Leg Venous Doppler  
(to R/O DVT)
  - RT  LT  Bilateral
- Arm Venous Doppler  
(to R/O DVT)
  - RT  LT  Bilateral
- Leg Arterial Doppler  
(Include ABI)
  - RT  LT  Bilateral
- Arm Arterial Doppler
  - RT  LT  Bilateral

### OBSTETRICAL

- Date of LMP \_\_\_\_\_
- OB Dating
  - OB 11-13.5 wks (IPS)
  - OB Routine 18-20 wks
  - OB Twins

### MUSCULOSKELETAL

- Shoulder
  - RT  LT  Bilateral
- Other: \_\_\_\_\_

### REASON FOR EXAM / CLINICAL HISTORY

Stat Contact Information: \_\_\_\_\_

### SMGH ONLY

**BMD** (>18yr <300 lbs.)

- Repeat Previous When: \_\_\_\_\_  
Where: \_\_\_\_\_
- Baseline (NO previous)  
Treatment for bone loss  
Drug: \_\_\_\_\_ Start Date: \_\_\_\_\_
- Corticosteroid >3 months?  Yes  No  
Start Date: \_\_\_\_\_
- Fragility fracture after 40?  Yes  No

### GASTRICS / FLUOROSCOPY

- Upper G.I. Series/Barium Swallow
- Small Bowel Follow Through
- Barium Enema
- Voiding Cystogram
- Stress Cystogram
- Modified Barium Swallows  
*\*requires assessment by SLP*

### ECHOCARDIOGRAM

- Routine Echocardiogram (> 16yr. old)

PHYSICIAN'S/NP  
SIGNATURE: \_\_\_\_\_

CC \_\_\_\_\_ FAMILY DOCTOR: \_\_\_\_\_ Date: \_\_\_\_\_

YY MM DD

# CONTACT INFORMATION

## 1 STRATHROY SITE

**Services:** X-Ray, Gastrics, Ultrasound  
CT, BMD, Mammography,  
Echocardiograms

### STRATHROY MIDDLESEX

#### GENERAL HOSPITAL

395 CARRIE STREET

STRATHROY, ONTARIO N7G 3J4

PAID PARKING



## CENTRAL BOOKINGS LINE

1-866-269-8384 Toll Free  
or 519-246-5911

Monday to Friday 8:30am to 4:00pm

## 2 NEWBURY SITE

**Services:** X-Ray, Ultrasound. ECG's\*,  
Holter Monitor\*, Loop Recorders\*

### FOUR COUNTIES HEALTH SERVICES

1824 CONCESSION DRIVE, RR#3  
NEWBURY, ONTARIO N0L 1Z0

FREE PARKING

\* Please fax requisition to 519-693-1248

# EXAM PREPARATION

## GASTRICS/FLUORO

### BARIUM ENEMA

You will need to purchase the following items from the pharmacy:

- Two Dulcolax 5mg tablets
- One box of PICO-SALAX (contains 2 sachets)
- Anti-nausea tablets

**One Day before exam:** You may have breakfast as usual, then restrict yourself to clear fluids (i.e. clear fruit juice, clear tea, black coffee, jello, clear broth). You should drink plenty of fluids throughout the day.

#### • 8:00am

Take two 5mg Dulcolax tablets. This is a gentle laxative with delayed reaction.

#### • 2:00pm

Take the FIRST sachet of PICO-SALAX. Dissolve in 150 ml (5 ounces) of cold water. Stir 2-3 minutes and drink the solution. If it becomes hot, wait until it cools before you drink it. Your bowels may start to move in an hour. Take anti-nausea tablets if needed.

*Drink 5-6 glasses (40-48 OUNCES) of clear fluids (especially sport energy drinks) to help flush out your bowel.*

#### • 8:00pm

Take the SECOND sachet of PICO-SALAX. Dissolve in 150ml (5 ounces) of cold water. Stir 2-3 minutes and drink the solution. If it becomes hot, wait until it cools before you drink it. Your bowels may start to move in an hour. Anti-nausea tablets if needed.

*Drink 5-6 glasses (40-48 ounces) of clear fluids (especially sport energy drinks) to help flush out your bowel.*

**Nothing to eat or drink after midnight until the Barium Enema is completed.**

### UPPER GI SERIES

Nothing to eat or drink after midnight.

### SMALL BOWEL

Nothing to eat or drink after midnight.

### MODIFIED BARIUM SWALLOWS

No prep.

## ULTRASOUND

### OBSTETRIC, PELVIC & TRANSVAGINAL ULTRASOUND

FINISH drinking 32oz. (1 L) of water 1½ hrs. before exam.

**Do not urinate** until after examination.

### ABDOMEN ULTRASOUND

NOTHING to eat or drink 10 hours before exam.

### AORTA ULTRASOUND

NOTHING to eat or drink 6 hours before exam.

### KIDNEYS AND BLADDER ULTRASOUND

FINISH drinking 32oz. (1 L) of water 1½ hrs. before exam.

**Do not urinate** until after examination.

### KIDNEY ULTRASOUND

No preparation.

## BONE MINERAL DENSITY

- Wear elastic waistband/no metal at all in clothing.
- No underwire bra.
- No calcium supplement 24 hours prior.
- Reading Glasses if needed
- Interpreter if needed

### 1<sup>st</sup> Baseline BMD in Ontario

Low Risk (2<sup>nd</sup> test - 36 months)

Low Risk (3<sup>rd</sup> test - 60 months)

High Risk (once every 12 months)

## PATIENT INFORMATION

1. Please bring your health card and this requisition (if given to you by the physician)
2. Stay on prescribed medications. Diabetics should discuss possible stoppage or reduction of insulin with their physicians. If instructions require fasting or "clear liquid" diet, diabetics should request early appointments.
3. Please bring an adult to supervise your children during your exam
4. Please call if you are unable to keep your appointment. (1-866-269-8384)
5. Kindly advise us of any mobility issues prior to your exam.
6. Please avoid wearing fragrances as we are a fragrance free facility.

*For all tests bring a list of all your medication.*

For all tests, please comply with the following points:

- wear loose clothing that buttons at the front
- if you have a pacemaker bring the card that indicates the kind
- no powder on upper body